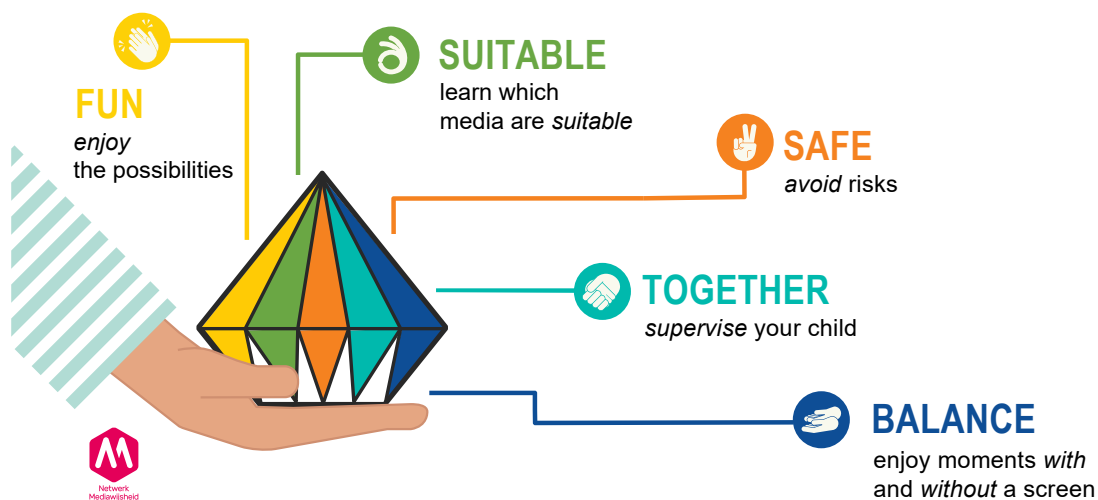


Media education

Tips for reading, watching,
listening, playing and doing



Children are growing up in a world dominated by media, from books to films to music to apps. How do you handle this influx of technology? This is where media education comes in. The MediaDiamant can help you get started with media education.



As a parent or guardian, you are responsible for teaching your child how to enjoy media safely. The best way to start is to do it together. It's also important to choose media that creates balance.

How do you find the right media for your child? And how do you create balance? Join your child on a journey of discovery. Take the time to get lost in the stories. See which story your child is drawn to. Regularly switch between reading, watching, listening, playing and doing – with and without a screen, indoors and outdoors.

Do you speak another language at home?

Feel free to use books, films and music in your own language. The library carries a wide range of books in other languages. Feel free to ask what's available at your local library.

Make sure to give your child access to Dutch media sources as well, like a film from De Voorleeshoek or Bereslim. Talk to your child about the stories you read and the films you watch together.

You can do this in your own language. This will help your child develop skills in both languages.



READING

Reading aloud is fun and important. Look at the pictures in the book and explore the illustrations together. Read the story aloud.

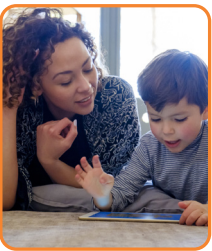
TIP Talk about the story you just read aloud (what's it about?). Ask about your child's experiences. Has that ever happened to you? Tell me about it! How did you fix it?



WATCHING

Screens of all kinds fascinate children. Help your toddler or preschooler find something to watch. Try a read-aloud video or a digital storybook. Show your child how to enjoy it without a screen! Switch things up a bit.

TIP Watch a film together if you can. It's fun and eye-opening! You'll learn what your child does and doesn't enjoy. When you're with them, your child feels safe and you can talk about what you see.



LISTENING

Instead of just watching a screen, give your child the opportunity to use their ears. There's so much to hear! Music, birds, stories read aloud.

TIP You don't need a screen to listen to songs. Plus, it's a fun, new experience!



PLAYING

Playing comes naturally to children and doesn't require much at all. Through play, children learn to process new information and experiences. Playing is an important form of development!

TIP Give children plenty of time and room to play. They might want to re-enact the story or make up their own. Encourage them to use their imagination! Watch and join in, but don't take over.



DOING

Get inspired by the stories. Create your own experiences. Move, discover and make new things together. Connecting on-screen stories to real-life experiences makes them extra meaningful.

TIP Encourage your child to discover or make something on their own. Get all of the materials together and join in if you want. Note: it's all about the process and the experience.

More information? Visit www.mediasmarties.nl for more information about different media (series, films books) for different ages.